

#ADVENTUREATYOURLSIDE  
#BELIEVEYOU CAN



# PERU

## INCA TRAIL TREK

The Inca Trail is one of the most popular trekking trails in the World. Exceptionally challenging, the Inca Trail reaches an altitude of over 4,200 m and consists of hiking through sub-tropical vegetation, cloud forest and embracing snow-capped peaks. The days trekking will be hard, but the spectacular views of river valleys far below, Phuyupatamarca (“the town at the edge of the clouds”), and reaching the lost city will never be forgotten. This is one of the most challenging but satisfying events to date. Join us on this mystical Inca challenge!



### CHALLENGE HIGHLIGHTS

- Voted one of the Worlds Top Ten trekking trails
- Experience the pilgrimage of the Inca’s and trek to Machu Picchu – THE REAL INCA TRAIL
- Explore Machu Picchu – one of the New Seven Wonders of the World
- Permits limited and restricted – the most responsible way to reach Machu Picchu

### CHALLENGE OVERVIEW

- **Best time to go:** April, May, June, September, October and early November
- **Duration:** 10 days
- **Trekking days:** 5
- **Distance trekked:** 52km
- **Accommodation:** Hotels and 3 nights camping
- **Challenge grading:** Tough (2/3)

# ITINERARY

## Day 1

We depart the UK on our flight to Cusco arriving the next day.

## Day 2 Cusco (3,380m)

We arrive in Cusco and are met by our local guides and transfer to our hotel. The rest of the day is free for participants to acclimatise to the high altitude. Dinner will be had as a group later in the day and participants do as they wish for lunch.

## Day 3 Acclimatisation Trek - Inca Sites

Today it is essential participants take some exercise to adjust to the high altitude. We have a fairly early breakfast before transferring to the Inca ruins high above Cusco – Tambo Machay. We then trek down having our lunch en-route to Sacsayhuaman for a tour and then back down to Cusco.

**Trekking distance – approx. 8km**

## Day 4 Cusco - KM82 (2,650m) to Wayllabamba (3,000m)

We travel by road to KM82 – the start of the Inca Trail. On the way we will see beautiful landscapes such as the Vilcabamba Range with one of the highest Peaks, Salkantay (6,200m) and the Urubamba Range with its highest Peak called Veronica (5,800m). We finally reach Ollantaytambo – a beautiful Inca town where we take a short break before continuing to our start point. At KM82 the challenge begins! First we must register at the checkpoint before crossing the Piscacucho Bridge to connect with the Inca Trail. For the first hour we follow the Urubamba River, a flat section with two Inca Sites to see. The trail continues undulating for the next 20 minutes or so before reaching the Patallacta lookout, from where we will have the impressive view down to the Inca town of Patallacta (2,700m). Continuing to the Kusichaca Valley, we pass the communities of Tarayoq, Hatunchaca, and Wayllabamba, which is our first campsite (3,000m).

**Trekking distance – approx. 11km**



## ITINERARY

### Day 5 Wayllabamba (3,000m) to Pacaymayo (3,600m)

Today is the most challenging day; we climb steadily up from 3,000m to 4,200m, until reaching the first Pass called “Warmihuañusca” or “Dead Woman’s Pass”. On the way we will see impressive cloud forest, beautiful queuñales (Queuña forest and indigenous trees), beautiful likens, bromeliads, orchids and birds. On top of “Dead Woman Pass”, we are going to see the second section of the Inca Trail and the second pass called Runkuraqay. From this point it is only approx. one more hour to reach the Pacaymayo Valley Campsite at 3600m.

**Trekking distance – approx. 11km**

### Day 6 Pacaymayo (3,600m) to Winayhuayna (2,700m)

Today we will see ourselves conquer the 2 remaining mountain passes. To begin with, we will ascend from 3,600 to 3,950m to reach a beautiful Inca construction called Runkuraqay. We then push on to the top of the second pass. From here the Inca Trail heads downhill for 1 hour to reach, “Sayacmarka”, another archaeological site at 3,600m. On the way to the third pass, Phuyupatamarca, we are going to pass through our first Inca tunnel.

### Day 6 Pacaymayo (3,600m) to Winayhuayna (2,700m) cont.

The views on this part of the trail are truly memorable and unforgettable with lush green mountains as far as the eye can see. Once we’ve broke the third pass, we then descend to Winayhuayna, the last campsite on the way to Machu Picchu. Continuing down the original stairway for one hour passing through another Inca tunnel, we will begin a flat section of the trail. From here, we will finally reach the last campsite in approx. 2-3 hours.

**Trekking distance – approx. 16km**

### Day 7 Winayhuayna (2,700m) to Machu Picchu (2,400m)

We wake very early in order to reach the Sungate and here we will see our first glimpse of the lost city of Machu Picchu and we can take a rest and take in that classic view of one of the worlds greatest sights. After a short break we descend to the ruined city of Machu Picchu. After our tour of Machu Picchu, we will need to meet at the designated point in Aguas Calientes town. In mid/late afternoon, we board your train for the return to Cusco. We then transfer back to our hotel.

**Trekking distance – approx. 6km**



## ITINERARY

### Day 8 Cusco

There is so much to see and do in Cusco that we spend the day doing just that (and giving our legs a rest!). The day is free at leisure to do as we wish. In the evening, we all get together for our celebratory meal and to reflect on our achievements.

### Day 9

We transfer to Cusco Airport for our flight back to the UK.

### Day 10

Arrive UK.

(Please note this is a complex itinerary and subject to change)



## SERVICE LEVELS

### Included before the challenge

- Personalised participant account hub that houses all challenge support information to ensure participants are fully prepared for the challenge
- Support documents to aid preparation including but not limited to further information about the challenge, detailed challenge itinerary, kit lists, training plan/schedule, fundraising advice
- A dedicated Customer Care team supporting each participant from registration
- Discount vouchers with affiliate partners such as Nomad Travel
- Financial Protection
- Public Liability Insurance
- Full challenge administration & risk management including but not limited to challenge specific risk assessments, route planning, emergency management plans and medical screening

### Included on the challenge

- Return flights from London Airport to Cusco including all airport taxes and fuel surcharges
- All transfers as per itinerary
- 7 nights' accommodation – 4 nights hotel accommodation, twin share with private bathroom. 4 nights camping twin share. Hotels will have a local category rating of 3 stars
- Camping equipment – tents and inflatable sleeping mattresses
- All meals except dinner day 7 and lunch on day 8
- Trekking tour and site permits for day 3
- Professional, English speaking local guides throughout whole stay in Peru
- Porters and Inca Trail Guides
- Portable altitude chamber for safety
- Global Adventure Challenge Leader from UK
- Full medical kit with supplies and altitude chamber for emergencies
- UK Dr to travel with group with expenses
- Medal per person
- GAC 24 Hour emergency on call team

### Not included on the challenge

- Inca Trail permits – participants to pay £200 directly to GAC once permits go on sale – October 2026 – or as close to this date if participants register afterwards
- Departure taxes in Lima and Cuzco – to be paid in cash by individual
- Alcoholic drinks
- Lunch on day 2, dinner day 7 and lunch on day 8
- Travel insurance
- Visa (if applicable)

