



**Birmingham**  
Hospice



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# Care <sup>at</sup> Christmas

**Ensure local people receive the expert and compassionate care they need this Christmas.**

# Give the gift of hospice care this Christmas

Invite your friends, family, colleagues or school to get involved in Care at Christmas. Support your local hospice with our festive fundraising ideas!



## DONATE TODAY

So Birmingham Hospice can provide specialist care to those living with a terminal diagnosis this Christmas

# Care at Christmas



### RUN SANTA RUN

Suit up like Santa, choose your route and dash through the snow at Birmingham Moseley Rugby Club to support local hospice care this Christmas.



### GIFTMAS

Enter our Giftmas draw for just £10 and you will be in with a chance of winning incredible prize bundles worth over £100, over a 10-day period!



### RUDOLPH RUN

Get into the festive spirit at your school or nursery and host your own sponsored Rudolph Run!



### LIGHT UP A LIFE

A celebration of loved ones no longer here and a chance to honour them by adding their name to our book of remembrance.



### CHRISTMAS CARDS

Make sure you pick up some of our stunning Christmas cards - this year we have some Bulls in the City inspired designs to choose from.



### TREECYCLING

Take the hassle out of disposing of your Christmas tree. Book to have it collected and recycled by Birmingham Hospice.

## Jo and Neil's story

When 53-year-old Neil Stokes was told that he had advanced oesophageal cancer, he and his wife Jo were devastated. Within weeks, his health deteriorated, and Neil was admitted to Birmingham Hospice, Selly Park on 21 December.

"He was so poorly when he arrived," said Jo. "But the hospice team immediately made him more comfortable. Their professionalism and compassion were simply amazing - they made us feel safe."

The hospice staff ensured Neil's pain was managed and supported the whole family. Jo, along with their three children, Charlie, Laura and Tom, were given space to stay together in a family room, which they decorated with Christmas lights and photos from home. Friends and relatives were able to visit, and the hospice helped the family make the most of precious time together.



On Christmas Day, they shared gifts, enjoyed a glass of wine, and watched the Gavin and Stacey special by Neil's bedside. "The team were so attentive and kind – nothing was too much trouble," Jo recalled.

Neil died peacefully in the early hours of Boxing Day, surrounded by his family. "Although it was heartbreaking, the care we received was incredible," said Jo. "The hospice gave Neil dignity and gave us strength. I will always be grateful to them."



Care  
at  
Christmas



[www.birminghamhospice.org.uk/christmas](http://www.birminghamhospice.org.uk/christmas)

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