

PALLIATIVE AND END OF LIFE CARE EDUCATION

Bite size learning for Registered Nurses, Allied Healthcare Professionals (AHPs) and Healthcare Assistants (HCAs)

As part of the Trust's palliative care education programme, we are now able to offer a range of bite size interactive sessions for all Registered Nurses, AHPs and HCAs who wish to update or refresh their knowledge and skills in any of the following areas:

- Advance Care Planning
- Assessment and Care Planning
- Care in the Dying Phase
- Syringe Driver Management
- Sage and Thyme™ training (foundation level workshop learning how to use evidence-based skills when listening and responding) *
- Symptom Management
- Spiritual Care *
- Palliative Care Emergencies
- Introduction to Loss and Grief *
- Wellbeing/Caring for Each Other *

* denotes sessions which are relevant to HCAs

Dates and times of sessions

Topic	Date	Time
Advance Care Planning (In-person training at Birmingham Hospice, 176 Raddlebarn Road, B29 7DA)	Monday, 12 January 2026 Monday, 16 March 2026 Monday, 27 April 2026 Monday, 7 September 2026	9.30am - 12.30pm
Assessment and Care Planning (In-person training at Birmingham Hospice, 176 Raddlebarn Road, B29 7DA)	Monday, 12 January 2026 Monday, 16 March 2026 Monday, 27 April 2026 Monday, 7 September 2026	1.00pm – 2.15pm
Care in the Dying Phase (In-person training at Birmingham Hospice, 176 Raddlebarn Road, B29 7DA)	Monday, 12 January 2026 Monday, 16 March 2026 Monday, 27 April 2026 Monday, 7 September 2026	2.30pm – 4.00pm
Syringe Driver Management (In-person training at Birmingham Hospice, 176 Raddlebarn Road, B29 7DA)	Wednesday, 11 February 2026 Wednesday, 1 April 2026 Wednesday, 20 May 2026 Wednesday, 23 September 2026	9.30am – 12.30pm

Symptom Management (In-person training at Birmingham Hospice, 176 Raddlebarn Road, B29 7DA)	Wednesday, 11 February 2026 Wednesday, 1 April 2026 Wednesday, 20 May 2026 Wednesday, 23 September 2026	1.00pm – 4.00pm
Sage and Thyme (Virtual training via Zoom)	Wednesday, 25 February 2026 Tuesday, 14 April 2026 Tuesday, 2 June 2026 Tuesday, 6 October 2026	9.30am – 12.30pm
Spiritual Care (Virtual training via Zoom)	Wednesday, 25 February 2026 Tuesday, 14 April 2026 Tuesday, 2 June 2026 Tuesday, 6 October 2026	1.00pm – 3.00pm
Palliative Care Emergencies (Virtual training via Zoom)	Thursday, 12 March 2026 Wednesday, 29 April 2026 Wednesday, 24 June 2026 Thursday, 29 October 2026	12.00pm – 1.30pm
Introduction to Loss and Grief (Virtual training via Zoom)	Thursday, 12 March 2026 Wednesday, 29 April 2026 Wednesday, 24 June 2026 Thursday, 29 October 2026	2.00pm - 3.30pm
Wellbeing/Caring for Each Other (Virtual training via Zoom)	Thursday, 12 March 2026 Wednesday, 29 April 2026 Wednesday, 24 June 2026 Thursday, 29 October 2026	3.45pm – 5.15pm

Book your place today:

To secure your place for any of the above sessions, please email your **name, job title, the name of the team or ward you work in, base contact number and line manager's name** to education@birminhamhospice.org.uk

IMPORTANT: when emailing, please ensure your Subject Header is **BCHC Palliative and EoL Programme**.