

## Spiritual Care

Each person's spirituality will be different and unique to them based around what brings them hope, meaning and purpose in their lives.



Our Wellbeing Companions offer compassionate support to you and your loved ones. Together they can explore how you feel and reflect on your life's journey. Through listening to any concerns you or your family may have, our Wellbeing Companions can open up ways for you to find comfort and peace.

Our Wellbeing Companions can also help you reflect on your life experiences, what is meaningful to you and how you would like to be remembered, offering creative ways to capture and preserve precious memories for your loved ones to cherish.

## Other ways in which spiritual care is offered in our hospice:

- We can organise and facilitate special events or ceremonies, such as weddings, birthdays or religious celebrations.
- We can provide resources such as music or crafts to help you feel relaxed during your stay with us.
- If you have a religious preference, we can connect you with local faith communities and provide access to items of religious importance.
- We strive to provide a range of services which meet the spiritual needs of Birmingham's diverse communities.

All our people and volunteers

have access to ongoing spiritual and compassionate care training.

## Rooms dedicated to your spiritual needs

Our sites in Selly Park and Erdington each have a dedicated room where you or your loved ones can have quiet time with or without the support of our Wellbeing Companions or any member of staff.





To access our Spiritual Care service please ask a member of your care team.