

Commissioned by



FOUNDATIONS IN ADULT PALLIATIVE & END OF LIFE CARE

Four-day programme for Registered Nurses & Allied Healthcare Professionals (AHPs)

This interactive four-day programme is for Registered Nurses and Allied Healthcare Professionals (AHPs) working in community or inpatient settings across the Trust and addresses the key principles in Adult Palliative Care. It aims to equip staff with core knowledge and skills in delivering palliative and end of life care including:

- Advance Care Planning
- Assessment and Care Planning
- Care in the Dying Phase
- Syringe Driver Management
- Symptom Management
- Sage and Thyme™ training (foundation level workshop learning how to use evidence-based skills when listening and responding)
- Understanding Spiritual Care
- Palliative Care Emergencies
- Introduction to Loss and Grief
- Wellbeing/Caring for Each Other

This is a competency-based programme with **sessions delivered in person and online through Zoom**. Staff will need to attend all sessions. Competency booklets will be issued at the beginning of the programme for completion in clinical practice. Each person attending will need to identify a mentor in their team to support achievement of the competencies.

Book your place today:

To secure your place for any of the above sessions, please email your **name, job title, base contact number** and **line manager's name** to education@birminghamhospice.org.uk, and clearly **state which cohort** you wish to attend.

IMPORTANT: when emailing, please ensure your Subject Header is **BCHC Palliative and EoL Programme**.

Programme details:

Cohort 23		
Day One		
Monday, 18th March 2024	Introduction	9.00am to 9.30am
Face-to-face sessions to be held at Birmingham Hospice, 176 Raddlebarn Road, Selly Park, Birmingham B29 7DA	Advance Care Planning	9.30am to 12.30pm
	Assessment & Care Planning	1.00pm to 2.15pm
	Care in the Dying Phase	2.30pm to 4.00pm
Day Two		
Wednesday, 3rd April 2024	Syringe Drivers	9.30am to 12.30pm
Face-to-face sessions to be held at Birmingham Hospice, 176 Raddlebarn Road, Selly Park, B29 7DA	Symptom Management	1.00pm to 4.00pm
Day Three		
Tuesday, 23rd April 2024	Sage and Thyme	9.30am to 12.30pm
Virtual to be held on Zoom	Spiritual Care	1.00pm to 3.00pm
Day Four		
Thursday, 16th May 2024	Palliative Care Emergencies	12.30pm to 2.00pm
Virtual to be held on Zoom	Introduction to Loss & Grief	2.00pm to 3.30pm
	Wellbeing/Caring for Each Other	3.30pm to 5.00pm

Cohort 24**Day One**

Monday, 3rd June 2024	Introduction	9.00am to 9.30am
Face-to-face sessions to be held at Birmingham Hospice, 176 Raddlebarn Road, Selly Park, Birmingham B29 7DA	Advance Care Planning	9.30am to 12.30pm
	Assessment & Care Planning	1.00pm to 2.15pm
	Care in the Dying Phase	2.30pm to 4.00pm

Day Two

Wednesday, 26th June 2024	Syringe Drivers	9.30am to 12.30pm
Face-to-face sessions to be held at Birmingham Hospice, 176 Raddlebarn Road, Selly Park B29 7DA	Symptom Management	1.00pm to 4.00pm

Day Three

Tuesday, 9th July 2024	Sage and Thyme	9.30am to 12.30pm
Virtual to be held on Zoom	Spiritual Care	1.00pm to 3.00pm

Day Four

Thursday, 18th July 2024	Palliative Care Emergencies	12.30pm to 2.00pm
Virtual to be held on Zoom	Introduction to Loss & Grief	2.00pm to 3.30pm
	Wellbeing/Caring for Each Other	3.30pm to 5.00pm