

# The Palliative Register

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Keeping in touch when you no longer need the support of the hospice.

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## Why am I being placed on the Palliative Register?

When you are living well from day to day (i.e. your symptoms are under control or you are maintaining a good quality of life), you may no longer need the support of a specialist hospice service.

At this point, with your agreement and consent, we will look to discharge you from Birmingham Hospice's services and place you on our Palliative Register. You will still receive support from your

GP and district nurse team.

If at any time you feel more unwell, you, your family or your GP/nurse can refer you back to Birmingham Hospice.

## What happens once I am placed on the Palliative Register?

Your first point of contact if you are feeling unwell or have concerns is your GP or district nurse (0300 555 1919 Option three).

Following this, if in the future you need further advice, support or signposting to other services, you can call Birmingham Hospice and speak to one of the Community Clinical Nurse Specialists on:

**0121 809 1900 Option one**  
**Monday to Sunday 8am – 8pm**

If you require advice outside of these hours you can speak to a colleague from our Inpatient Unit on the same number.

## Where can I access additional support?

### Our Living Well Centres

The Living Well Centre at both our Selly Park and Erdington sites can support you in many ways to live well with your condition, offering drop-in sessions or a structured programme with a focus on holistic rehabilitation, self-management, care planning and support.

Each group is supported by our multi-disciplinary team who can provide expert advice.

The Living Well Centre is open to patients, their families and carers, and is a friendly and welcoming environment where we will support you to make the most of your visit.

The Living Well Centre is open from Monday to Friday, 8am – 4pm. If you are interested in attending, please contact the Living Well Centre Teams:

**Selly Park - 0121 752 8797**

**Erdington – 0121 465 2019**

Birmingham Hospice is the primary provider of adult hospice care in the city and its surrounding areas. All our services are free of charge for patients and their loved ones.

Our expert teams care for around 1,000 patients on average every day across our services.

The hospice supports people in the best place for them – at our hospice, in the community, or in their own homes, through face-to-face contact, over the telephone or virtually.

We are committed to improving the quality of life for people with a terminal diagnosis, as well as supporting their loved ones during one of the most challenging periods they will face.



#### Selly Park

176 Raddlebarn Road, Selly Park,  
Birmingham B29 7DA

☎ 0121 472 1191



#### Erdington

76 Grange Road, Erdington,  
Birmingham B24 0DF

☎ 0121 465 2000

[birminghamhospice.org.uk](http://birminghamhospice.org.uk)

Birmingham Hospice is the new name for Birmingham St Mary's Hospice and John Taylor Hospice.