

# Spiritual Care

---

Spiritual, religious, and pastoral care for patients and their loved ones.

---



Spirituality is what gives meaning to our lives beyond the physical. For some people this is best expressed in their religious faith, for others it is not so much expressed in a religion, but in whatever helps us to find peace, hope or meaning in our lives.

We have trained and experienced spiritual caregivers from different faiths, backgrounds, and philosophies

within the hospice to support you and your family. We offer support to patients in our Inpatient Units, in the community, and at home.

We also have dedicated Spiritual Care Rooms at both hospice sites (with Wudhu facilities at our Selly Park site) open to all faiths and beliefs, which can be used for prayer, reflection or as a quiet space.

# We're here for everyone.

---

## Examples of ways in which spiritual care can be provided by the hospice:

- Someone to talk to or share thoughts and anxieties with through compassionate, non-judgemental listening and support.
- Someone to talk through the meaning of life-type questions with.
- Someone to help you draw on the resources of your faith or spirituality to help you find peace.
- Spiritual care for your loved ones.
- Someone to celebrate with.
- Mindfulness practise and advice on self-care.
- Someone to pray with or receive a prayed blessing from.
- Access to Holy Books (e.g. The Bible, Quran, Bhavad Gita.)
- Access to religious artefacts (e.g. Quran Cubes, Holding Crosses.)
- Sacraments at the bedside (e.g. Holy Communion, Confession and Absolution.)
- Support and advice concerning Ramadan.
- The keeping of Holy Days (e.g. Eid, Holi, Easter, Christmas)
- Bedside 'rituals' if not well enough to attend a loved ones funeral.
- Making connections with local faith communities (e.g. calling in local Roman Catholic Priest, Minister or Imam.)
- Pre-bereavement support.
- Support and information in planning end of life baptisms, weddings and funerals.

Please ask any member of your Care Team for a referral to be made to our Spiritual Care Team if you would like support in meeting your spiritual or faith based needs, or if you would like help in contacting your own faith community.

