

# **ALL ABOUT US**







## WELCOME TO BIRMINGHAM HOSPICE

We are proud to be your local hospice charity in the heart of Birmingham, Solihull, Sutton Coldfield and Sandwell, providing exceptional



care for patients and their families when they need us most. Whether that is help managing pain, bereavement advice or relief from symptoms, every member of our team is dedicated to providing the best support.

Simon Fuller, CEO, Birmingham Hospice

### What we do

At Birmingham Hospice, we provide care wherever and whenever it is needed. That might be in patients' own homes, in the community, or at our Selly Park and Erdington sites.

Our services support adult patients at different stages of their journey, tailored to meet their needs. All of our services are free of charge. Our colleagues provide expert care directly and also partner with other healthcare professionals to ensure care is coordinated for each person.

We are committed to improving the quality of life for people living with lifelimiting illnesses, as well as supporting their families and loved ones.

### **Inpatient Units (IPUs)**

Our Inpatient Units at Selly Park and Erdington are available for patients needing intensive symptom management, emotional or social crisis support, or care for the last days of life.

### **Community Palliative Care**

Our Specialist Community Palliative Care Team works alongside GPs, district nurses and anyone else involved in patients' care, to ensure they are fully supported during their time with us.

### **Hospice at Home**

Where someone chooses to be at home for their final days, this team works alongside GPs and district nurses to make sure they are as comfortable as they can be.

#### **Living Well Centres**

Our Living Well Centres are a place where people can meet others in a similar situation and receive support together. Participants learn how to cope with symptoms, take part in therapeutic activities and set realistic goals.

### **Therapies**

Our Physiotherapists, Occupational Therapists and Therapy Support Workers work with patients in our Inpatient Units, Living Well Centres or their own homes, to promote and support independence.

### Wellbeing

We have a team of counsellors, spiritual carers, therapists and bereavement volunteers whose focus is on supporting patients and their loved ones emotionally and spiritually.

## Personal Health Budget (PHB) and Social Team

Our dedicated team of nurses and Palliative Care Social Workers is here to support patients practically during their time with the hospice.



## The facts about hospice care

At Birmingham Hospice, we are here to provide care and support to anyone with a terminal diagnosis, whatever their background, when and where they need it.



All of our care and support is free.



90% of the care and support we provide is in our patients' own homes.



Our services are accessible to anyone

aged over 18 with a terminal diagnosis, whatever their religious, cultural or social background, or sexual orientation.



We have flexible visiting arrangements

at both hospice sites to accommodate individual needs.



We cater for different cultural and religious diets.



Patients and visitors
have access to the
hospice gardens.



The hospice supports the whole family

as well as the patient, throughout their journey.



We have a team
of chaplain volunteers
of different faiths
to support the
spiritual needs

of patients and their families.

## Funding our services

It costs around

# £16 million

to run Birmingham Hospice each year.



# 40% of our costs

need to be covered through fundraising activity, income from our shops and voluntary donations.



# 89p in every £1

is spent on clinical and support services.



## We care for around 1,000 patients

on average every day across our services.



Last year, our Wellbeing Team made more than

5,000

### contacts

with people to offer vital pre- and post-

### bereavement support

for both adults and children connected to the hospice.



Last year, our Community Team made over

40,000

### contacts

with patients to offer

expert care in their own homes.



Last year,

## 571 patients

were cared for in our

## Inpatient Units

by our expert doctors and nurses.



Last year,

1,312 patients

attended our

# Living Well Centres

to help them live well with their illness.

### Who we are

We care for around 1,000 patients on average every day – at our hospice sites, in the community, or in their own homes.

### **OUR VISION**

Our vision is a future where everyone with a life-limiting illness will live and die with dignity and in comfort.



### **OUR COMMITMENT**

We want everyone, no matter their age, gender, sexuality, religion or medical condition, to be able to access the care of their choice at the end of life

### **OUR CARE**

We are the primary provider of adult hospice care in Birmingham.
We care for people with a variety of complex conditions including cardiovascular diseases, chronic respiratory diseases and kidney failure, as well as cancer.

### A new era of hospice care

In August 2021 Birmingham St Mary's and John Taylor Hospice joined together to form The Hospice Charity Partnership. This merger ensured our charity was able to provide even more people across the city with the compassionate end of life and palliative care they deserve.

In March 2023, following extensive consultation with supporters, volunteers, colleagues, patients and families, we changed our name to Birmingham Hospice. Our research showed supporters value our trusted and respected heritage in the city, and this has been reflected in our new name.

# THE HISTORY BEHIND OUR CHARITY

### BIRMINGHAM ST MARY'S HOSPICE

Pioneer of palliative and end of life care Monica Pearce founded Birmingham St



Mary's Hospice in 1979. It was the first independent hospice to be opened in the Midlands.

A former NHS Matron, Monica's vision was to 'enable anyone with a life-limiting illness to live their life to the full'. She envisioned the hospice to be accessible to patients, their families and the community.

## JOHN TAYLOR HOSPICE

Dr Mary Sturge founded John Taylor Hospice in 1910 and was a passionate social campaigner,



progressive educationalist, activist, feminist and suffragette.

She qualified as a doctor in London and in 1895 she returned to Birmingham as the second qualified female doctor in the city and worked in general practice. There she met Professor John Taylor, a surgeon after whom she named the Taylor Memorial Home, later renamed John Taylor Hospice.



### Working with local communities

We are committed to building strong relationships with communities and organisations across Birmingham, to widen our reach and improve access to palliative and end of life care for everyone in the city. Examples of partnerships we have formed include those with the Nishkam Civic Association, Birmingham Central Mosque, Midlands Mencap, CRISIS, The Ikon Gallery and B:Music.

To explore collaborative working opportunities with Birmingham Hospice contact suzanne.mcarthur@birminghamhospice.org.uk.

## Our commitment to equality, diversity and inclusion

Birmingham Hospice welcomes everyone. In April 2022, our Erdington site was awarded 'Outstanding' by the Care Quality Commission, reflecting the passionate approach that hospice teams take to meet the needs of the diverse communities we serve. In 2023, we were awarded both the Investors in Diversity and Disability Confident accreditations.

We are dedicated to reaching more people across the city, and challenging barriers that currently exist for some communities to access hospice support, ensuring that our services are inclusive, flexible and responsive to people's needs.

### **Education and research**

We believe that education should be a core pursuit of health and care organisations, and strive to provide innovative education that has real impact.

Our general curriculum covers a wide range of topics including communication skills, care delivery, advance care planning, clinical skills and symptom management.

We're proud to work in partnership with providers from the health and social care sector, commissioning bespoke end of life and palliative care education programmes to suit the needs of their teams.

We also work collaboratively with researchers at universities and in other healthcare settings, and are actively involved in recruiting patients, carers, colleagues and volunteers for a number of research projects.

## How you can help

#### Volunteer with us

Volunteering is much more than giving time – it's a way of enriching your life.

There are so many ways you can get involved – we have roles in our shops, supporting our patients and within our Fundraising Team. Please visit www.birminghamhospice.org.uk/volunteer for current opportunities.

### Join us

We are a people and values driven organisation.

If you want to be part of our community, you can work for us.

Visit www.birminghamhospice.org.uk/careers to view our current vacancies.

### Visit our shops

Our charity shops across the city raise vital funds for the hospice. The generosity of donors and shoppers plays a crucial role in supporting the community, helping us to provide care for local people. To find your nearest shop, visit www.birminghamhospice.org.uk/shop.

#### Fundraise for us

We wouldn't be able to care for all the people we do without the support of our generous fundraisers. You could join one of our events like Ride the Reservoir or Rainbow Rush, sign up to a wing walk or abseil, organise a collection, host a community event, or encourage your workplace to get involved!

For more information on how to fundraise for our charity please email fundraise@birminghamhospice.org.uk.

#### Donate to us

However you choose to give
- whether as a one-off or a
regular donation - you will be
making every moment matter
for local people living with a terminal
diagnosis and their families.

If you would like to make a donation to support our charity, please scan the QR code. Thank you so much for your support.





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